



Personal and Contact Information

First Name

Soheila

Last Name

Pirdadeh Beiranvand

**Gender**

Female

Nationality

Iranian

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Khorram Abad

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Files

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Education

❖ **Specialty/PhD** (Field of Study, Name of University, Year Graduated)

❖ Reproductive Health PhD, Tehran University of Medical Sciences, 2016.

Thesis (Topic, Supervisor, Advisor)

❖ Explaining fear of childbirth and determining its related factors among primigravid women

Supervisor: Zahra Behboodi Moghadam, Mahvash Salsali

Advisor: Hamid Alavi Majd

❖ **Master of science** (Field of Study, Name of University, Year Graduated)

❖ Midwifery Education, Mashhad University of Medical Sciences, 2004



**Thesis (Topic, Supervisor, Advisor)**

❖ Evaluation of the effect of castor oil on initiating labor in term
Pregnancy

Supervisor: Sedigheh Azhari

Advisor: Marzieh Lotfali Zadeh, Mohammad Taghi Shakeri

❖ **Bachelor of science (Field of Study, Name of University, Year
Graduated)**

❖ Midwifery, Yazd University of Medical Sciences, 1994

❖ Related degree (Field of Study, Name of University, Year Graduated)

Honors, Awards, and Scholarships (if available)

1. Achieved third rank of country in PhD. in Academic year of 2011-2012
2. Member of National Organization for Development of Exceptional Talents
3. Receive letter of appreciation from Minister of Health, Treatment and Medical Training as a best midwife in the country in 1999
4. Receive letter of appreciation from the dean of Lorestan University of Medical Sciences as best Midwifery Instructor of the year 2010
5. Masters Level GPA: 18/02
6. Rank in class (MA): second
7. Thesis score: 19/75
8. PhD GPA: 19.08
9. Rank in class (PhD): second
10. Thesis score: 20

Experiences**1.Scientific position**

- ❖ Assistant professor, Khorm Abad faculty of nursing and midwifery,
Lorestan University of Medical Sciences (up 2016 to now)





Professional experience in the relevant field

- ❖ About 24 years work experience: 10 years in maternity hospital Section in Haji Karim Asali Khorram Abad Hospital, 14 years of service in the Khorramabad School of Nursing and Midwifery as an instructor of nursing and midwifery students of 2005 so far (approximately 14 years of education training experience)
- ❖ Responsible for the scientific community of midwifery students
- ❖ Member of midwifery council research
- ❖ Director of Clinical Department of Midwifery from the date of 12/10/2009 to February 2012
- ❖ Director of Clinical Department of Midwifery from the date of 12/10/2009 to February 2012
- ❖ Member of Khorramabad Faculty of Nursing and Midwifery Council
- ❖ Member of nursing skills Committee from the date 21/01/2010 to February 2012
- ❖ Supervising of research projects approved by University faculty members
- ❖ Arbitration of Aflac Scientific and research papers Journal, School of Nursing and Midwifery Nursing
- ❖ Arbitration of research projects approved by Razi Herbal Medicines Research Center, Lorestan University of Medical Sciences
- ❖ Member of Executive Committee of new achievements of the Nursing and Midwifery conference ,University of Medical Sciences 12- 3/05/2007
- ❖ Member of the Scientific and Executive Committee of National Congress Of Traditional Medicine, Consolidation therapy and herbal remedies, 9-10 November 2010 , Lorestan University of Medical Sciences
- ❖ Board of directors at the 8th International Iranian Congress of Obstetrics and Gynecology, 5-9 November 2009
- ❖ Board of directors at the 8th International Iranian Congress of Obstetrics and Gynecology 5-9 November 2009
- ❖ Board of directors of the Congress of Traditional Medicine, Consolidation therapy and herbal remedies, 9-11 November 2010, University of Medical Sciences
- ❖ Lecturer in-service training programs of nursing staff at university affiliated hospitals, about literature review, 14/03/2008
- ❖ Lecturer in mother-friendly protocol training courses 3, Lorestan University of Medical Sciences, 10/10/2010 till 11/10/2010.
- ❖ Lecturer in mother-friendly protocol training courses 2, Lorestan University of Medical Sciences, 2/12/2010 till 3/12/2010.





- ❖ As scientific secretary and teacher workshops of standard methods to induce labor
- ❖ Member of Midwifery system
- ❖ Active member of the medical community Basij

2. Clinical Experiences

Practical teaching (Course Name)

1. Obstetrics
2. Gynecological
3. Maternal and Child Health in field
4. Medical - surgical diseases
5. Community Health
6. Physical examination
7. Principles and techniques of Midwifery

3. Teaching Experiences

Theoretical teaching (Course Name)

1. Population and family planning
2. Obstetrics
3. Epidemiologic principles
4. Maternal and Child Health
5. Physiopathology of medical - surgical disease
6. Gynecology
7. Ethics and Midwifery legislation
8. Communication and consultation on maternal and child health
9. Midwifery management principles

Grants

1. Explaining fear of natural childbirth and determining its related factors among primigravid women in 2013 approved by Tehran University of Medical Sciences.
2. Comparison the Dill extracts and uterine massage in reduction of postpartum hemorrhage in 2011 approved by Lorestan University of Medical Sciences.
3. The effect of Evening Primerose oil on the Premenstrual syndrome in 2010





approved by Lorestan University of Medical Sciences.

4. The effect of lavender aromatherapy massage on severity and Symptoms of primary dysmenorrhea in 2010 approved by Lorestan University of Medical Sciences.

5. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor. Journal of kermanshah university of medical sciences in 2009 approved by Lorestan University of Medical Sciences.

6. Evaluation of the effect of castor oil on initiating labor in term pregnancy In 2006 approved by Mashhad University of Medical Sciences.

Supervisor

Advisor

Publication

Book

Zahra Bostani Khalesi, Soheila Pirdadeh Beiranvand. Midwifery tests. 2018.

Articles

1.Articles (In English)

1. Soheila Pirdadeh Beiranvand¹, Zahra Behboodi Moghadam^{2,*} Mahvash Salsali,³ Hamid Alavi Majd,⁴ Mehdi Birjandi,⁵ and Zahra Bostani Khalesi⁶. Prevalence of Fear of Childbirth and Its Associated Factors in PrimigravidWomen: A Cross- Sectional Study. Shiraz E-Med J. 2017 November; 18(11):e61896.
2. Zahra Bostani khalesi¹, Soheila Pirdadeh Beiranvand², Fariba Ebtekar³.





- Iranian midwives' knowledge of and attitudes toward female genital mutilation/cutting (FGM/C). *Electronic Physician*. February 2017, Volume: 9, Issue: 2, Pages: 3828-3832.
3. Pirdadeh Beiranvand S, Beiranvand NS, Moghadam ZB, Birjandi M, Azhari S, Rezaei E, Salehnia AN, Beiranvand S. The effect of *Crocus sativus* (saffron) on the severity of premenstrual syndrome. *European Journal of Integrative Medicine*. 2016 Feb 29;8(1):55-61.
 4. Azhari S, Pirdadeh S, Lotfalizadeh M, Shakeri MT. Evaluation of the effect of castor oil on initiating labor in term pregnancy. *Saudi Med J*. Saudi Med J. 2006 Jul; 27(7):1011-4.

2. Articles (In Persian)

- ❖ Beiranvand S, Hosseinabadi R, Anbari K, Pirdadeh Beiranvand S, Asti P. The effect of lavender aromatherapy massage on severity and Symptoms of primary dysmenorrhea. *Complementary Medicine*. 2015; 5(1): 1028-1041.
- ❖ Pirdadeh Beiranvand S, Akbari S, Azhari S, Birjandi M. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor. *Journal of kermanshah university of medical sciences*. 2009; 2(41):127-34.
- ❖ Pirdadeh Beiranvand S, Azhari S, Lotfalizadeh M, Shakeri M. The effect of castor oil on initiating labor in 40-42 weeks pregnancy. *JBUMS*. 2007; 9(4):33-38.
- ❖ Pirdadeh S, Azhari S, Lotfalizadeh M, Shakeri MT. Evaluation of the effect of castor oil on the cervical ripening. *Journal of Sabzevar University of Medical Sciences*. 2006; 2(44):83-88.

Abstract

1. International

1. Factors Related to Childbirth Fear in Primigravid women in Khorramabad: A CrossSectional
2. Prevalence of Fear of Childbirth and Its Associated Factors in PrimigravidWomen: A Cross- Sectional Study.
3. *The effect of Crocus sativus (saffron) on the severity of premenstrual syndrome*
4. Prevalence of Fear of Childbirth and its associated factors in Primigravid Women: a cross- sectional study





5. Comparison of the effect of nipple stimulation and oxytocin infusion on the duration of phases of labor
6. The role of GIS systems in preparedness and coping with unexpected situations
7. Assessment the knowledge of 40-50 years old women of effective life style on osteoporosis at the International Iranian Congress of Gynecology and Reproductive Health
8. Compare the vulvovaginal candidiasis treatment with Mort vaginal cream and clotrimazole vaginal tablets
9. Investigate the effect of Fish Oil on Primary Dysmenorrhea
10. Evaluation of the effect of castor oil on thr cervical ripening
11. Evaluation of the effect of castor oil on initiating labor in term pregnancy

2.National

Reviewer of national and international scientific journal

1. Supervising of research projects approved by University faculty members
2. Reviewer of Aflac Scientific and research papers Journal, School of Nursing and Midwifery Nursing
3. Reviewer of research projects approved by Lorestan University of Medical Sciences
4. Reviewer of Aflak journal ,Lorestan University of Medical Sciences

Editorial Board of Medical Journals

Workshop

Lectures and teaching in workshops and training courses

1. In-service training of nursing staff Program in University affiliated hospitals
2. Mother-friendly protocol training courses 3, for midwifery of Lorestan University of Medical Sciences





3. Mother-friendly protocol training courses 2, for midwifery of Lorestan University of Medical Sciences
4. One-day Marriage Counseling conference
5. Induction of labor workshop for department of Midwifery of Lorestan University of Medical Sciences

Participation in seminars and congresses

1. Thirteenth International Congress of Iranian Obstetrics and Gynecology
2. 1st International Congress on Reproductive Health and Childbearing
3. 7th International Congress on Health in Disaster
4. Seminar instructors Basij as "resistance economy
5. 20th Congress of the Association of Reproductive Medicine
6. 5th international congress on health and crisis management in disasters
7. international Congress on Traditional medicine and consolidated therapies and herbal remedies
8. 8th International Iranian Congress of Obstetrics and Gynecology
9. National Congress of Nursing and Midwifery New achievements
10. National seminar of Nurse, Midwife & Research
11. Third international conference on health and natural products
12. Third international Seminar on prevention of medical errors
13. Conference on influenza type A
14. One-day conference on medical ethics
15. One-day Marriage Counseling conference
16. New achievements in infertility Seminar
17. Treating Addiction Seminar
18. One-day Pharmacovigilance conference

Participate in workshops

1. Seminar instructors Basij as "Resistance economy and Professional ethics
2. Supplementary course of Cultural Journalism of Attachment
3. Clinical and skills course of physiologic delivery
4. Comprehensive course of Family Therapy Training based on a systemic approach to Iranian culture and its practical implications in solving family, marital and sexual issues along with the sexual education of children based on culture
5. Mixed Methods Research
6. Testing in the quantitative studies
7. Reproductive health in to emergency events





8. National workshop on clinical trials of herbal medicines
9. Relaxation Workshop
10. Yoga breathing techniques Workshop
11. International Clinical Trials Workshops
12. Workshop on Nanotechnology
13. Statistics and basic spss Workshop
14. Workshop on Familiar with native medicinal plants in Lorestan province and their applications
15. Workshop on the prism and one note software application
16. Research Ethics Workshop
17. Curriculum development and lesson planning Workshop
18. Essay Writing Workshop
19. Life Skills Workshop
20. Training course of Communicate effectively with environmental and other
21. Spss software Workshop
22. Power point Workshop
23. Water birth courses
24. Prenatal care courses
25. Presentation courses
26. Training course Database
27. Using the Computer and Managing Files course
28. Word processing training courses
29. Information and communication skills training course
30. Basic Concepts of Information Technology training course
31. Spreadsheet training course

Interest

- Midwifery Education
- Complementary medicine

Language Proficiency

	Speaking	Reading	Writing	Listening
Language		good	good	





Degree of Proficiency

